We are doing a Triathlon in aid of the CCS Adoption Charity. Please Sponsor us !

We'd be really grateful if you'd have a look at this info, and sponsor us for doing the triathlon in aid of this deserving cause. Thankyou.

Many children in the U.K. are placed in care and are waiting for adoption. Until these children are placed for adoption, their lives are in limbo. These children will not have had the things in life that most of us take for granted. Through no fault of their own, their early years may have been very difficult and uncertain. They surely deserve the chances that we have in life, in a stable family background.



The aim of CCS Adoption (<u>www.ccsadoption.org</u>) is to offer the opportunity of family life through adoption and to support parents, adopters and children throughout the process, recognising the lifelong impact of adoption. They help prospective adopters through the training and assessment that is necessary to become a "new mummy or daddy". They support the new families in every way possible. They also help raise awareness about adoption and encourage people to think about adoptive parenthood.



These people are the best - CCS help children live happier, more stable lives than they might have hoped. Our support can really help them help children as much as possible. Without people like CCS, many children may wait a very long time, sometimes indefinitely, to be adopted.

A group of us have got together to do either the Westonbirt, Bradford-on-Avon, Bristol, Malmesbury or Warwickshire Triathlon events, and get sponsored for CCS. The events take place between May & October. Some will do the full event, some will do it as a relay, but everyone is taking on a big challenge, tackling something they haven't done before. Amongst the demands of everyday life: work, kids, bills, this has captured our imagination and inspired us to help this cause.

The triathlon events involve swimming 400 metres, cycling 20 to 25 km (12 to 15.5 miles), and then running 5km (3.1 miles), all in a row. Everyone needs to train in these disciplines to take part. We also have a "fun" distance event and one for young people aged 8 to 16.





Please help us raise money for CCS. We have set up our own fundraising page on the JustGiving website. Donating this way is simple, fast and totally secure. It is also the most efficient way to sponsor us: CCS will receive your money quickly and, if you are a UK taxpayer, around 28% in tax will be added to your gift at no cost to you.

To sponsor us, please visit <u>http://www.justgiving.com/ccstriathletes2009</u> If you'd like to give "offline", you can use this sponsor form.

So please, please dig deep and sponsor us ! Many thanks for your support.

The CCS Triathletes



If you'd like to know more about CCS, adoption, or the triathlon, we'd be really pleased to hear from you. Our website is at <u>www.ccstriathletes.org.uk</u>, e-mail address is <u>andy@ccstriathletes.org.uk</u>, contact mobile number is 07971 544709.

If you are interested in adopting, please visit the CCS website at <u>www.ccsadoption.org</u> or call 08451 220077. A Specialist Adoption Worker is available every weekday by phone to answer any questions.



Sponsor form for CCS Triathletes: Westonbirt, Bradford-on-Avon, Bristol, Malmesbury & Warwickshire Triathlons 2009

In Aid of CCS Adoption Registered charity number: 286814

Name of Participant:

Event:

Event Date:

Across the U.K., many thousands of children are in care, and many thousands wait for far too long, sometimes indefinitely, for adoption. CCS Adoption is a fully-approved Adoption Agency and local charity. They help some of those children most in need by acting swiftly but thoroughly to nurture "new families". They prepare adoptive parents and place children from all over the U.K. for adoption.

Can you help the Children Who Wait ?

| Title | Forename | Surname | Home address | Post Code | Amount pledged | Amount given | Date given | Gift Aid? |
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Total donations this page:

Date money received by charity:

Gift Aid declaration: "We, who have given our names and addresses above, and who have ticked the box entitled "Gift Aid?" want the above charity to reclaim tax on the donation detailed below, given on the date shown. We understand that each of us must have paid income tax or capital gains tax equal to the tax reclaimed by the charity on the donation."

In case of cheques, please make payable to CCS Adoption - thankyou. The cheque should be from the person eligible for Gift-Aid.

"Thankyou so much. Every donation makes a difference to a child's life."

More info at <u>www.ccstriathletes.org.uk</u> . To donate online visit <u>www.justgiving.com</u> and search for CCS Adoption donation pages.